

Breast Enlargement

Breast Augmentation is a cosmetic procedure which alters the size or shape of the breast. It enhances a woman's body contour and is often used to correct an imbalance in breast size. Augmentation can adjust a sag in the breast and increases firmness.

The procedure often improves one's appearance and may have a positive effect on self-esteem. With modern advances in plastic surgery, breast size, like any other enhancement, is a matter of personal choice. Breast augmentation is one of the most popular plastic surgery procedures available today. The surgery is safe, predictable, and can produce significant changes in a woman's appearance.

Dr Merten and Dr Rome perform breast augmentation surgery in a fully accredited hospital, with the assistance of a consultant anaesthetist. The surgery can be done either as a day surgery or overnight, and this will be discussed preoperatively. Recovery depends on the individual patient and you would be advised in detail prior to the procedure.

As part of the recovery you may experience swelling and bruising for several weeks as well as over or under sensitive skin. Although rare, complications such as scarring and infection may result from breast augmentation. Pure Aesthetics employs extensive measures to ensure complications are minimised.

One of the most common questions in breast surgery relates to the difference between saline and silicone implants. Both have an outer shell made from a thin layer of firm, tough silicone and the difference lies in the filling. Saline is basically sterile salt water. Silicone is a sticky gel.

Pure Aesthetics prefers to use silicone implants, however these options will be discussed with you at your consultation.