

Procedures – Breasts

Breast Lift (Mastopexy)

As part of the aging process or after breastfeeding, the breasts will often drop and lose their youthful appearance. If there is enough breast tissue left, then it is possible to reshape it, remove excess skin and produce a higher, firmer breast.

If there is enough breast tissue remaining then an implant might be unnecessary, however if not, an implant can usually be placed during the uplift procedure.

A Breast Uplift is actually very similar to a breast reduction, except that breast tissue is not removed; rather, the skin is tightened. The scars are usually in the same place i.e. around the nipple, in the fold underneath the breast, and between the two. Very occasionally, the nipple does not need to be lifted and if so there will be no scar around it. In some instances, it is also possible to minimise scarring on the underside of the breast. Other possible problems, such as a change in the sensitivity of the breast and nipple skin, and a possible limitation on future ability to breastfeed, should be discussed with the Surgeon.