

Procedures - Breast Reduction

Breast Reduction (Reduction Mammoplasty) is a surgical procedure to reduce sagging or large breasts. The aim is to bring more comfort to the patient through the reduction in size and volume of the breast. This procedure is particularly suited to individuals who experience back and neck pain. Breast reduction will help eliminate these problems and assist in improving posture and general appearance.

Pure Aesthetics employs several techniques for Mammoplasty and will assess your overall physical condition and determine the most appropriate technique for the patient. He favours newer procedures, which leave less scarring than traditional methods and will assess patients' suitability at consultation. Breast reduction removes excess breast tissue, repositions the nipples and recontours the breasts.

Most women are delighted with the end result of breast reduction, which result in increased physical activity, eliminates discomfort and pain.